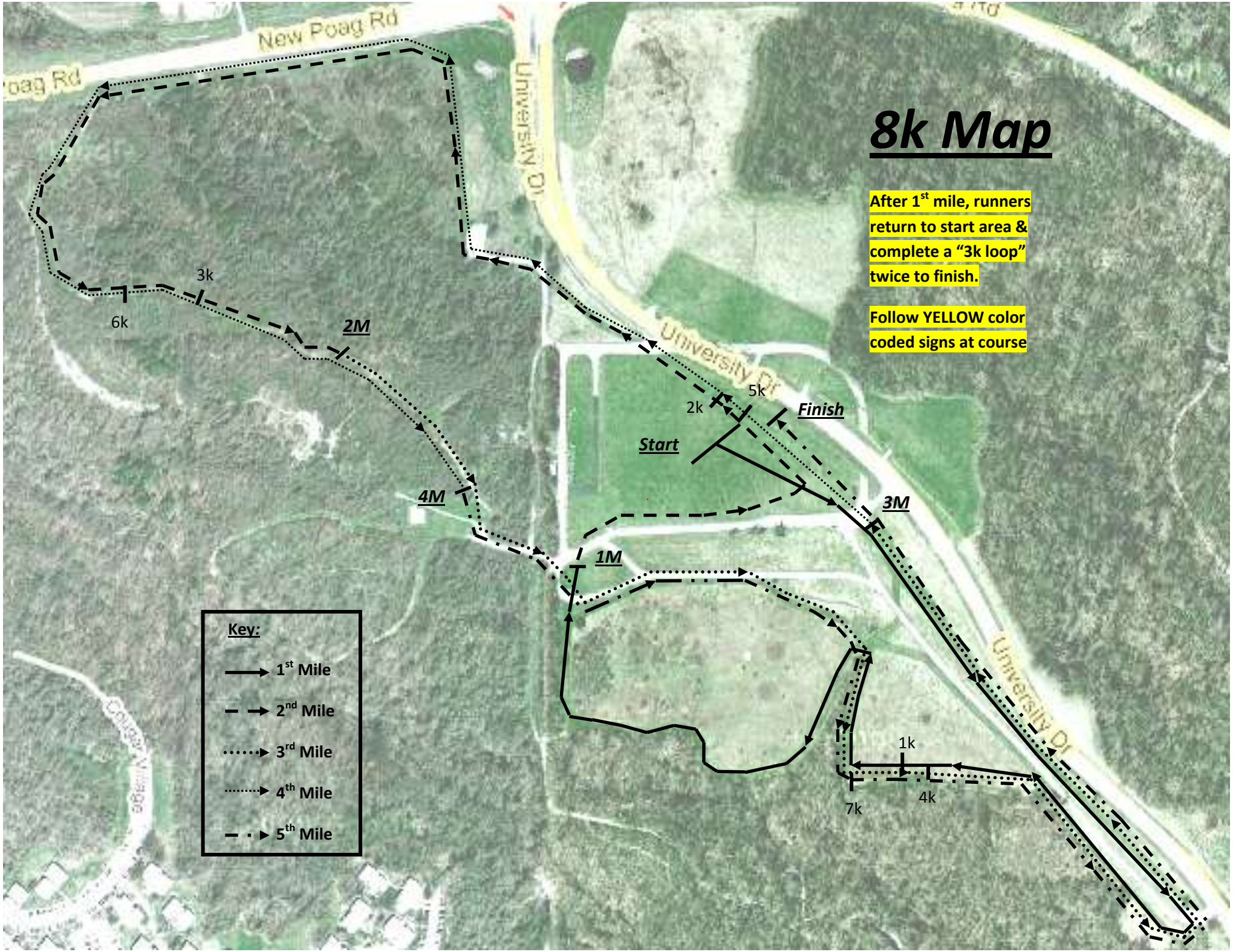
8k Map
After 1st mile, runners return to start area & complete a "3k loop" twice to finish.
Follow YELLOW color coded signs at course
New Poag Rd
University Dr
Start
Finish
1M
2M
3M
4M
1k
2k
3k
4k
5k
6k
7k
Key:
1st Mile
2nd Mile
3rd Mile
4th Mile
5th Mile